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Building Nunavut Together
Nunavut iuqatigiingniq
Bâtir le Nunavut ensemble

Public Service Announcement

Getting the flu vaccine is best way to protect yourself

Start Date: December 1, 2014
End Date: December 31, 2014
Iqaluit, NU

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Influenza has arrived in Nunavut.

The best way to protect yourself and your family against influenza is to be immunized.

The flu vaccine is free and available at your community health centre, or at Iqaluit Public Health.

You can help stop the flu from spreading by following these steps:

- Get immunized;
- Cough or sneeze into your sleeve;
- Wash your hands often; and
- Stay home when you feel sick.

Getting immunized not only protects you, but it also protects the people who are close to you, like family, friends, infants/children, and the elderly.

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